

Controlling Currency: Working with Sex, Money and Power in Relationships

Description:

Relationship conflicts that involve power and control about sex and money often experience adverse outcomes in the therapy room as well as in the bedroom. The volatile coefficient of sex and money becomes ever more challenging for couples when there has been sexual and/or financial betrayal or exploitation. In order to navigate these potentially volatile dynamics therapists must address the unresolved earlier life issues (that often involve trauma and abuse) that fuel these precarious dynamics as disputes over sex and money often involve unresolved childhood traumas and internalized narratives about those two very elements. This provocative presentation will deliver hands-on learning and techniques to successfully treat sex, money and power in relationships. Part I of this two-part presentation will focus on the role that trauma, attachment, narcissism and even psychopathy play in relational distress and/or dissolution. Part II will explore the meaning of relational currency, how it manifests in relationship and the therapeutic interventions necessary to successfully restore balance and health to relationships and marriages.

At the conclusion of the workshop, participants will be able to:

- 1. Identify attachment and personality dynamics consistent in exploitive sexual and monetary relationships.**
- 2. Detect three attachment styles and family of origin dynamics contributing to this relationship dynamic.**
- 3. Demonstrate how to successfully integrate therapeutic skills for working with this volatile dynamic in relationship.**
- 4. Implement tools to restore sexual and financial balance in relationships.**

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Email Debra at info@debrakaplancounseling.com